

HEALING HOUSING

**2021**  
**ANNUAL**  
**REPORT**

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WITH GRATITUDE  
TO THE FAITHFUL  
WORK OF

*Pat  
Ralls*

IN MEMORY OF THE  
LOVING SPIRIT OF

*Jaye  
Waller*

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## *Dear Friends,*

Healing Housing's mission is to shelter and love women in recovery.

Over the past few years, moving from a sober living focus to a holistic recovery model has helped us understand new ways to carry out this mission and address cracks in the system that keep women cycling in and out of recovery.

Thanks to a strong 2021 with increased revenue from grants, donor contributions, and our annual fundraiser, we were able to add vital services, resulting in greater retention and long-term sobriety rates among residents and graduates.

Services we added last year include a female-specific Intensive Outpatient Programming, vocational training from UpRise Nashville, and onsite mental health care with Psychiatric Nurse Practitioner (PNP), Rhonda Bartaine.

Each of these program components is foundational to the recovery, healing, and long-term success of the women we serve.

Thank you for joining us in this work.

*Nancy Levine*

Executive Director  
Healing Housing

HEALING HOUSING is a 501(c)3 nonprofit residential recovery program serving women with limited resources throughout Middle Tennessee who are healing from addiction.

We provide a stable home as well as extensive supportive services, rooted in both unconditional love and the power of community.

Women arrive from alcohol and drug addiction treatment or from jail, without money, jobs, or relationships left to support them.

We offer affordable and low cost program fees with 60% returned to residents through an automatic savings plan.

For the 6 to 12 months of her stay, we address a woman's mental and physical health, support her personal well-being and spiritual growth, and provide an immersive recovery experience.

This healing is

*Life-Altering*

for the women, their children, extended families, and wider community.

# ACCOMPLISHMENTS



**TOTAL  
REVENUE**



**GRADUATES**



**SAVINGS  
RETURNED TO  
GRADUATES**



**THERAPY  
PROVIDED TO  
RESIDENTS**

- Resident applications received: 115
- Resident admissions: 34
- In-house IOP graduates: 10
- Women assisted in paying off court fines: 16
- Alumnae group: 40
- Therapeutic group workshops: 11
- Women staying more than one year: 3
- Second half of 2021:
  - Graduates from Uprise Nashville vocational training program: 4
  - Residents receiving psychiatric care services: 10

- Organizational revenue doubled from 2020.
- Extended pilot program of providing residents with 9 weeks of initial care at no cost to them.
- Expanded grant-writing to meet new program needs for 2021 & 2022—ending the year with a 5X increase in grants from 2020.
- Updated Healing Housing mission statement and branding.
- Switched to online annual fundraiser and raised \$140K, increasing sponsorships by 5X and total event revenue by 2X from previous year's fundraiser.
- Launched 3 critical additions to programming: in-house IOP, psychiatric nurse practitioner and vocational training and job placement.
- Enrolled staff in Licensed Alcohol and Drug Counselor (LADAC) certification.
- Instituted a \$500 stipend per resident to receive thorough dental exams and additional services via new community partner, Chrysalis Dental.
- Partnered with nonprofit Free for Life to host online educational webinar on connections between addiction and human trafficking.
- Hosted well-attended Recovery Month in-person panel event on addiction and spirituality with guest community speakers.
- Implemented new donor fundraising platform.
- Increased monthly giving by 150%.

# PROGRAM UPDATES

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COVID brought an increase in major depressive episodes, PTSD, and anxiety disorders among residents. To better meet their needs, Healing Housing received 12-month funding to engage a **PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER (PNP)** to conduct evaluations, testing and medication management for women.

**UPRISE NASHVILLE** provides vocational training and job placements for at-risk students in one of 14 career tracks. To give residents the time and ability to focus on their education, HH pursued funding for a training stipend to help women build vital skills for their future.

**FEMALE-SPECIFIC INTENSIVE OUTPATIENT CURRICULUM (IOP)**, developed by Dr. Stephanie Covington, was designed to meet the unique needs of women with addictive disorders. The 20-session program integrates theories of women's psychological development, trauma, and addiction and addresses relapse triggers such as relationships and domestic violence.

*"(The IOP) curriculum touched on my past that kept me stuck in the cycle of relapse...They respected my process working through pain and encouraged me to view old patterns with a new lens of self-discovery."*  
- Ciara

*"UpRise has given me the opportunity to further my education and a chance to start a new career. It has increased my confidence and motivation to do great things."*  
- Brit

## 2021 PROGRAM PARTNERS:

- 21st District Recovery Court
- Alcoholics Anonymous.
- Families Anonymous,
- Narcotics Anonymous
- Bright Horse Counseling
- Chrysalis Oral Health Alliance
- Educare
- Faith Family Medical Center
- Faithfully Restored
- Franklin YMCA
- Graceworks
- Hazel House Holistic Healing
- Refuge Counseling
- Sage Counseling
- The Giving Garden
- UpRise Nashville
- Willows Health & Recovery

## Resident Workshops

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- Art Therapy
- Boundaries
- Trauma Stressors & Mindfulness in Communal Living
- Origins of Trauma
- Grief Processing
- Untangling Relationships
- Communication
- Spirituality
- Sex & Love Addiction
- Forgiveness

# RECOGNITION

## 2021 HEALING HOUSING BOARD OF DIRECTORS

David Jones - Board Chair, First Horizon Bank  
David Hettinger - Treasurer, CPA  
Angela Deane - Secretary, Community Member

Laura Brantley - Brentwood UMC  
Sherrie Cavin - Esquire  
Angela Goode - Meharry Medical Center  
Mike Harper - One GI  
Doug Ralls - Community Member  
Jane Roach - Physician  
Olivia Smith - Founder, Community Member

## 2021 LOVE BREAKFAST SPONSORS

Presenting Sponsor



Matching Grant



Gold

FIRST HORIZON FOUNDATION  
INTEGRATIVE LIFE CENTER  
DRS. RALPH & JANE ROACH

Silver

CENTERSTONE

Bronze

CUMBERLAND HEIGHTS  
JOURNEYPURE  
LBMC  
SPERO HEALTH

## *To our Beloved Volunteers:*

We offer our sincere gratitude to each person who provided community dinners, ran errands, picked up groceries, led Monday morning meditations and Sunday night spiritual formation groups, as well as the virtual hosts who asked friends and colleagues to watch Love Breakfast last year.

We have been nourished by your kindness. Your actions show that love indeed lives here.

Special thanks to the following organizations for gifts of \$1,000+ in Grants and Funding:

ASCENSION SAINT THOMAS HOSPITAL  
WEST/MEDICAL STAFF FUND  
BRENTWOOD UNITED METHODIST CHURCH  
BRENTWOOD UNITED METHODIST CHURCH  
ACTS 2:42 CLASS  
BRENTWOOD UNITED METHODIST CHURCH FOUNDATION  
BRENTWOOD UNITED METHODIST WOMEN  
CHRIST UNITED METHODIST CHURCH  
COMMUNITY FOUNDATION OF MIDDLE TENNESSEE  
CROSS POINT COMMUNITY CHURCH  
FIRST HORIZON FOUNDATION  
FRANKLIN NOON ROTARY CHARITABLE FOUNDATION  
FRIDRICH & CLARK AGENTS FOUNDATION  
HAYS FOUNDATION  
JOHN R LINDAHL FOUNDATION  
KEITH DIXON FOUNDATION  
LENNINGTON FAMILY FOUNDATION  
MIDDLE TENNESSEE ELECTRIC  
RALLS FAMILY FOUNDATION  
SNELL FAMILY CHARITABLE FOUNDATION  
ST. PAUL'S EPISCOPAL CHURCH  
THE BRENTWOOD ROTARY CLUB  
THE MEMORIAL FOUNDATION  
VENDENGINE  
WOMEN OF WILLIAMSON COUNTY

Donor recognition is also provided on a bi-monthly basis in the Healing Housing e-newsletter and on the organizational website.

# RECOGNITION

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We couldn't be more grateful to the 2021 donors listed on these pages, and those choosing to remain anonymous, for their gracious support.

Donald Aaron	David & Dawn Canniff	Margret Flowers	Harold Hornberger
Ashley Abraham	Capital One	Sue Fort White	Pamela & Joseph Horne
Ellen & Steven Adams	Lynne & Chris Cargen	Christine & David Foster	Richard Horton
Mary Ahluwalia	Vicki Carlisle	Wendy Foster	Leslie Hotzfeld
Patricia Alfeld	Denise & Thomas Carringer	Elizabeth Fox	Marci & Stephen Houff
Amazon Smile Foundation	Grant Carroll	Lisa Franz	Ron Howes
Emily Andersen	Jan Cason	Monnie Furlong	Anita Hughes
Elizabeth Andersen	Sherrie & John Cavin	Analise Glover	Jim Hughes
Doug & Kathryn Anderson	Misty & Gary Chambers	Amanda Gomes	Karyn & Scott Humphries
William Anderson	Derek & Jenny Charles	Tina Goode	Lisa Hustedt
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Kim Biancheri	Catherine Crooks	John & Susie Grooms	Francene Kavin
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Andrew & Anne Bumbalough	Claire Ellis	Katherine Heidecke	Tracey & Jonathan Levine
BUMC-Seekers Class	Linda Endred	Kim Henry	Beth & Larry Levine
Sonia Byrd	Lisa Eshleman	Venetia Henry	Rhea & Marie Little
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			Perry MacDonald

# RECOGNITION

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& Michael Matox  
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Margaret Newton  
Randy & Cathy Noe  
Angela Nordstrom  
Judith Norris  
Marlei Olson & John Kutsko

Heidi O'Neil  
Dana Orange  
Kelly Orlovski  
Brenda & Bryan Oslin  
Bonnie Owen  
Doug Owen  
Aylin Ozgener  
BUMC-Crossroads Class  
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Barbara Keith Payne  
Christy Pecinovsky  
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Linda & Henry Ramer  
Laura Ramirez  
Mark Rappe  
Marsha Ray  
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Michael & Susan Renshaw  
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Robert & Doris Waldschmidt

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Kate & John Watson  
Deborah Webster-Clair  
Ene Weismantle  
Kim & David Welsch  
Debbie Whitlock  
Jeffrey Wilson  
Lynda Wimberly  
Women's Way AA Group  
Helen Wood  
Beth Woodruff  
Jeff Wright  
Steven Wylie  
Samuel Yeager  
David & Pampee Young

## IN-KIND GIFTS WERE ALSO RECEIVED FROM THE FOLLOWING:

Bob Connelly  
CSH Design/Lucilla  
Hodges  
Melissa Eddleman  
Pam Embree & Friends  
Faithfully Restored  
Fanny's House of Music  
Franklin Family YMCA  
The Giving Garden  
Graceworks  
Walt & Laura Guest  
Susan Hill  
Dr. Amy Hodges-Hamilton  
Tara Laymon  
Mary Frank Miller  
Iris Paulick  
Joe & Janene Pannel  
PEO Chapter N  
Jeff Pridgen  
Pat & Doug Ralls  
SVM Boutique/  
Southern Sweet Boutique  
Cyn Sweet  
Jane Van Laar  
Trena Wade  
Kim & David Welsch

For name changes and  
questions, email  
[molson@healinghousing.org](mailto:molson@healinghousing.org)



# FINANCIALS

## Profit and Loss

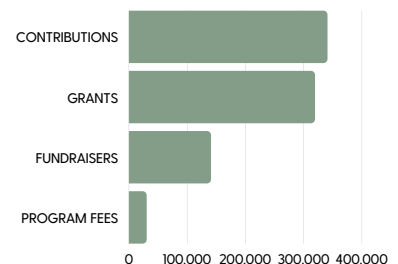
Income	2021	2020
Program services	\$30,222	\$18,105
Monthly Givers	\$103,548	\$57,510
Fundraising Events	\$141,895	\$71,160
General Donations	\$220,330	\$170,454
Grant Revenue	\$316,264	\$66,424
Other Income	\$18,094	\$3,000
<b>Total Revenue</b>	<b>\$830,353</b>	<b>\$386,653</b>
<b>Expenses</b>		
Program services	\$240,835	\$230,807
Administration & Funding	\$231,783	\$155,220
<b>Total Expenses</b>	<b>\$472,618</b>	<b>\$386,027</b>
<b>Net Income</b>	<b>\$375,735</b>	<b>\$626</b>

## Balance Sheet

Assets	2021
Cash - Checking & Donations Account	\$521,166
Cash - Resident Escrow	\$14,413
Accounts Receivable	\$3,018
Prepaid Expenses	\$6,964
Fixed Assets	\$860
Security Deposits	\$6,000
<b>Total Assets</b>	<b>\$552,421</b>
<b>Liabilities &amp; Equity</b>	
Accounts Payable & Accrued Expenses	\$12,552
Resident Savings & Grants	\$18,760
<b>Total Equity</b>	<b>\$521,109</b>
<b>Total Liabilities &amp; Equity</b>	<b>\$552,421</b>

*Financials Note: Increased 2021 net income and cash balance partially reflect grants received in 2021 to pre-fund services into 2022. Fiscal year: January 1, 2021 - December 31, 2021. Audit forthcoming.*

## REVENUE BY SOURCE (\$)



## Accountability



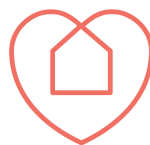
## '21 CHALLENGES

Providing housing and services to women newly sober who come to us from treatment or jail with histories of trauma, poverty, and chronic unemployment, always takes a combination of an experienced staff, strong partners, committed supporters, **and a lot of love, humor and prayer.** Looking at last year in particular, the following challenges stood out for our Healing Housing team:

- 2021 and Covid brought women to our door who simply needed **more support than in previous years.** In general, women arrived more desperate while needing more services, more financial support, and more care.
- The generational nature of this disease has proved more relentless with an increasing number of residents' families in active addiction. With no support system to call their own, Healing Housing is often **called upon to be a resident's, "family."**
- While critical programming additions have shown a direct positive impact on our residents' healing and sobriety, **post-graduation provides numerous challenges.** The ongoing need alumnae have for affordable housing assistance, mental health support, and overall case management can become overwhelming for our small team.

## '22 OBJECTIVES

- **SECURE NEXT-STEP GRADUATE HOUSING**
  - Develop housing partnerships that are safe, affordable, and allow women to be with their children.
- **GROW ALUMNAE CARE PROGRAM**
  - Support graduates with a dedicated case manager and specialized fund for extended care.
- **IMPLEMENT TRAINING**
  - Serve a wider population of women with multi-tiered Diversity, Equity & Inclusion (DEI) training for staff, residents and volunteers.
  - Become a Trauma-Informed Community by providing knowledge and skills to better equip the program team and residents.
- **DEVELOP STRATEGIC PLAN**
  - Create a 5-year plan with programming and housing goals, including the purchase of a housing structure to double the current HH residential occupancy.
- **CONTINUED FUNDING OF NEW PROGRAMS**
  - 9 weeks of initial services provided at no cost to new residents.
  - Stipend for residents during vocational and career training with Uprise Nashville.
  - Psychiatric Nurse Practitioner specialist as an on-going part of HH's program services.



HEALING HOUSING

LOVE LIVES HERE

FOR QUESTIONS, CONTACT TRACEY LEVINE -  
615.784.5564, TLEVINE@HEALINGHOUSING.ORG

PO BOX 2385, BRENTWOOD, TN 37024, HEALINGHOUSING.ORG