



HEALING HOUSING *Impact Report* 2022

“ After being in my addiction for 20 years, I got to a point where I was lost with no idea of a solution and no help finding one. After spending 21 days looking for a sober living, I decided on Healing House. It was absolutely the best decision I could've possibly made for myself and my daughter. I came to the house with 2 changes of clothes, the pair of shoes I had on, and no money. I was terrified. Healing House provided me with groceries, resources for clothing, and never asked anything of me except to take the time to focus on myself and healing. As I'm completing the program, I'm leaving with therapy, money in a savings account, a car, and relationships with women that I now consider family. I'm incredibly thankful for them going above and beyond any expectations I had for a sober living. ”

– Theresa

IMPACT REPORT, 01.01.22 TO 12.31.22

Who we are

Healing Housing is a 501(c)3 nonprofit residential recovery program serving women without financial resources who are healing from drug and alcohol addiction. Women throughout Middle Tennessee and beyond arrive from treatment centers or from jail without money, jobs, family or friends, or hope for their future. Our 6-12 month program provides a stable home and comprehensive services to address each resident's mental and physical health and support her well-being and spiritual growth. To serve our population, there are no admission fees, the first 9 weeks are offered at no cost, and thereafter 60% of the low-cost weekly fees are saved and returned to women upon graduation.

Our focus

The past 6 years we focused our efforts on building and enhancing a recovery program that was responsive to the needs of the women that we serve. We listened, observed and added enhancements that resulted in greater retention rates and abstinence-based stability. With a strong program in place and greater communication with our graduates, we once again responded to their expressed aftercare needs by partnering with local agencies for next step housing, provided continued psychiatric and therapeutic care and added family support services for those reunited with their children. We enmeshed ourselves in our local community and partnered with other nonprofits and faith communities to build a network of support both inside and outside the walls of our homes. We want our graduates to know that our love and care doesn't stop when they leave us. We will continue to walk alongside them on their journey - hand in hand.

*Our Mission:
to love and shelter women
healing from addiction.*



ACCOMPLISHMENTS

46 WOMEN RECEIVED HOUSING & PROGRAM SERVICES

39 STAY MORE THAN 30 DAYS

157 APPLICATIONS RECEIVED

60% OF \$125 WEEKLY FEE PUT IN A SAVINGS ACCOUNT

23^K RETURNED UPON GRADUATION

85% EXPERIENCED INCARCERATION

6⁺ AVERAGE ACE SCORE (ACCELERATED CHILDHOOD EXPERIENCE)

95 PSYCHIATRIC APPOINTMENTS PROVIDED

163 THERAPY SESSIONS ATTENDED

11 ALUMNI RECEIVING CONTINUING SERVICES

74 CHILDREN IMPACTED

15 GRADUATE THEIR UPRISE CAREER TRAINING

Zero *Amount required of residents for first 90 days.**

MORE HIGHLIGHTS

- HEALING HOUSING WINS THE SALUTE TO EXCELLENCE AWARD FOR UNITED WAY OF GREATER NASHVILLE COMMUNITY IMPACT AWARD WITH UPRISE NASHVILLE
- MONTHLY GIVING CONTINUES TO GROW, PROVIDING %18 OF REVENUE
- FENTANYL WORKSHOP HOSTED WITH PARTNER WILLIAMSON COUNTY ANTI-DRUG COALITION IN SEPTEMBER
- ADDICTION EDUCATION CLASSES SERIES OFFERED FOR FAITH COMMUNITIES AND CIVIC ORGANIZATIONS
- NEW LOVE BREAKFAST PATRONS CIRCLE LAUNCHED, RAISING \$76K
- 100+ GUESTS PARTICIPATE IN HOUSE TOURS AND COMMUNITY EVENTS
- CONTINUING EDUCATION CLASSES AND DEI TRAINING PROVIDED FOR STAFF
- CORPORATE SPONSORSHIPS BRING IN OVER \$75K
- NEW DONORS GROW BY OVER 100
- 5-YEAR STRATEGIC PLAN STARTED
- TRAUMA TRAINING FOR VOLUNTEERS



RECOGNITION

The Board of Directors would like to recognize the following individuals and organizations for their remarkable generosity to Healing Housing.

Grant Funding

BRENTWOOD UNITED METHODIST
FOUNDATION
CENTER FOR NONPROFIT
MANAGEMENT
COMMUNITY FOUNDATION OF
MIDDLE TENNESSEE

FRANKLIN NOON ROTARY CHARITABLE
FOUNDATION
HAYS FOUNDATION
MIDDLE TENNESSEE ELECTRIC
THE SPEER FOUNDATION

THE BRENTWOOD ROTARY CLUB
GLEN & DOROTHY STILLWELL
CHARITABLE TRUST
THE HCA HEALTHCARE FOUNDATION
THE MEMORIAL FOUNDATION

**Reflects grants applied for and received.*

Allison Russell Event Sponsors

**Brentwood United Methodist Church
Healing Housing Board of Directors**

**JourneyPure
Write a New Story
Pinnacle Financial Partners
The Wasserman Foundation**

**Willows Health & Recovery
Iris Financial Group**

Board of Directors

*David Jones, Board Chair, First Horizon Bank
David Hettinger, Treasurer, CPA
The Rev. Suzie Johnston, Secretary, Clergy*

*Sherrie Cavin, Esquire
Angela Deane, Community Member
Angela Goode, Meharry Medical Center
Leslie Hotzfeld, E.D. Brentwood UMC
Mike Harper, One GI
Doug Ralls, Community Member
Dr. Jane Roach, Physician
Olivia Smith, HH Founder, Write Your Own Story*

Love Breakfast Sponsors

**Integrative Life Center
Churchill Mortgage
Brentwood United Methodist Church**

**Coca Cola Bottling Company
Keith Dixon Foundation
Williamson Medical Center**

Program Partners

21st District Recovery Court
A Step Ahead
Bright Horse Counseling
Community Resource Center
Faithfully Restored
Graceworks
Jeff Browning, LCSW
Kary Lyon, OD
Kathy Benson, LADC,
NCAC II, QSC
Lisa Anderson, LCSW
Mercy Community Healthcare
New Moon Rising
OneGenAway
Southern Serenity Dental Spa
Tony Owens, LADAC, LCSW
Uprise Nashville
Williamson County Anti Drug Coalition
Williamson County Health Department
Willows Health & Recovery

2022 Gratitude

THE FOLLOWING GRACIOUSLY PROVIDED \$1,000.00 OR MORE IN GIFTS IN 2022. WE HAVE INCLUDED A FULL LIST OF OUR SUPPORTERS AT [HEALINGHOUSING.ORG](https://healinghousing.org) > GIVING.

ASHLEY ABRAHAM
ELLEN & STEVEN ADAMS
DR. DAVID ALLEN
DOUG & KATHRYN ANDERSON
KATHIE APPLIGATE
ASCENSION SAINT THOMAS HOSPITAL
WEST/MEDICAL STAFF FUND
EMILY ATKINS
MELINDA & JEFF BALSER
DEBBIE & GARY BANKS
JUDITH BONE
BRANDIE & NATHAN BRACY
MIKE & SARAH BRANDON
LAURA BROWN
BUMC - WESLEY FORUM CLASS
BUMC-UNITED METHODIST WOMEN
MRS. JANET BYERS
VICKI CARLISLE
SHERRIE & JOHN CAVIN
MISTY & GARY CHAMBERS
DAVIS & SHERRE CHAPPELL
JEFF & BETSY CHRISTIE
JOHN & DORIS CLAYTON
DAN & MARILYN COLLIER
CROSS POINT COMMUNITY CHURCH
BOB & MELANIE CUNDIFF
JULIE DAVIS
ANGELA & SILAS DEANE
MIKE & LISA DENNISON
RENEE & RANDY DRAKE
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DOUGLAS & LISA DURR
TOM & JUDY FOSTER
ELIZABETH FOX

FRANKLIN FIRST UNITED
METHODIST CHURCH
FRIDRICH & CLARK AGENTS
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MATTHEW & ANDREA HARDISON
MIKE HARPER
KELLY & HAL HASSALL
DEBORAH & SKIP HEIBERT
HELLO IN THERE FOUNDATION
DAVID & CECELIA HETTINGER
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THE REV. SUZANNE JOHNSTON
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TARA LAYMON
ANDY LEE
DENISE LENNINGTON
TRACEY & JONATHAN LEVINE
JOHN R LINDAHL FOUNDATION
DEBORAH LOGSDON
STEVE & DENISE LONG
JOHN & MISSY LYNCH
DEB & STEVE MARKLAND
LETHA & GEORGE MATHEWS
SUZAN & RUSSELL MCINTIRE
DONNEL & BOB MILAM

*SPECIAL THANKS
are in need for our monthly givers
& the Welcome Home Patrons
Circle. We are also incredibly
grateful for everyone who provided
groceries, community dinners, ran
errands, led meditations and
spiritual formation groups.
We couldn't do this without you.*

CHAD MILLER
PEGGY & DON NAPIER
ANGELA NORDSTROM
BRENDA & BRYAN OSLIN
HAL & PEGGY PENNINGTON
PEO SISTERHOOD
HUGH & LYNN QUEENER
MR. & MRS. DAVID RAGAN
PAT & DOUG RALLS
R. RENEE RALLS
RALLS FAMILY FOUNDATION
COLIN & BRENDA REED
MITZI RENFRO
DRS. JANE & RALPH ROACH
DAVID SMALLBONE
OLIVIA & LENWOOD SMITH
ERIC STEWART
MARK & GINA TEDDER
LOGAN TERRY
MARCIA & MICHAEL THOMPSON
TRINITY UNITED METHODIST CHURCH
BARBARA TURNER
VENDENGINE
TRENA WADE
LISA & MIKE WILSON
WOMEN OF WILLIAMSON COUNTY
SAMUEL YEAGER

**With special recognition to all
who chose to remain anonymous.**

FINANCIAL

Profit and Loss

	2022	2021	2020
<u>Income</u>			
Program services	\$20,890	\$30,222	\$18,105
Monthly Givers	\$134,974	\$103,548	\$57,510
Fundraising Events	\$148,706	\$141,895	\$71,160
General Donations	\$160,265	\$220,330	\$170,454
Grant Revenue	\$261,550	\$316,264	\$66,424
Other Income	\$695	\$18,094	\$3,000
Total Revenue	\$727,080	\$830,353	\$386,653
<u>Expenses</u>			
Program services	\$390,954	\$240,835	\$230,807
Administration & Funding	\$303,465	\$231,783	\$155,220
Total Expenses	\$694,419	\$472,618	\$386,027
Net Income	\$32,661	\$375,735	\$626

Balance Sheet

	2022	2021
<u>Assets</u>		
Cash - Checking & Donations Account	\$574,930	\$521,166
Cash - Resident Escrow	\$8,639	\$14,413
Accounts Receivable	\$4,018	\$3,018
Prepaid Expenses	\$4,942	\$6,964
Fixed Assets	-	\$860
Security Deposits	\$6,000	\$6,000
Total Assets	\$598,529	\$552,421
<u>Liabilities & Equity</u>		
Accounts Payable & Accrued Expenses	\$15,771	\$12,552
Resident Savings & Grants	\$28,988	\$18,760
Total Equity	\$553,770	\$521,109
Total Liabilities & Equity	\$598,529	\$552,421

Notes: Increased expenses in program services reflect the extensive wrap-around services now offered to clients, increases in staff were needed to oversee the complexities in care. 2022 Audit forthcoming.

